



Eat Smart, Get Moving!

2008-2009 Program Calendar



Week	Dates	Suggested Reporting Dates	Additional Notes
1	September 16 – 22, 2008	PHASE 1 Start	Share Phase 1 tracking forms!
2	September 23 – 29, 2008		
3	September 30 – October 6, 2008	<i>Report Progress</i>	
4	October 7 – 13, 2008		
5	October 14– 20, 2008	<i>Report Progress</i>	
6	October 21 – 27, 2008	Phase 1 End	Share Phase 2 tracking forms!
1	October 28 – November 3, 2008	Phase 2 Start	
2	November 4 – 10, 2008	<i>Report Progress</i>	Reporting Deadline: November 7, 2008
3	November 11 – 17, 2008		
4	November 18 – 24, 2008	<i>Report Progress</i>	
5	November 25 – December 1, 2008		
6	December 2 – 8, 2008	<i>Report Progress</i>	
7	December 9 – 15, 2008	Phase 2 End	Share Phase 3 tracking forms!
1	December 16 – 22, 2008	Phase 3 Start	
2	December 23 – 29, 2008	<i>Report Progress</i>	
3	December 30, 2008 – January 5, 2009		
4	January 6 – 12, 2009	<i>Report Progress</i>	Reporting Deadline: January 9, 2009
5	January 13 – 19, 2009		
6	January 20 – 26, 2009	<i>Report Progress</i>	
7	January 27 – February 2, 2009		
8	February 3 – 9, 2009	Phase 3 End	Share Phase 4 tracking forms!
1	February 10– 16, 2009	Phase 4 Start	
2	February 17 – 23, 2009	<i>Report Progress</i>	Reporting Deadline: February 20, 2009
3	February 24 – March 2, 2009		
4	March 3 – 9, 2009	<i>Report Progress</i>	
5	March 10 – 16, 2009		
6	March 17 – 23, 2009	<i>Report Progress</i>	
7	March 24 – 30, 2009		
8	March 31 – April 6, 2009	<i>Report Progress</i>	

9	April 7 – 13, 2009	Phase 4 End	Reporting Deadline: April 24, 2009
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SNA and NDC recommend that you report progress at www.eatsmartgetmoving.org every two weeks. **Note: in order for your team to be eligible for final prizes TEAM LEADER must report by the deadline for each phase.**